



The Vegetarian Option

By Simon Hopkinson

Quadrille Publishing Ltd. Hardback. Book Condition: new. BRAND NEW, The Vegetarian Option, Simon Hopkinson, All too often, the vegetarian option is an afterthought on a restaurant menu or the vegetables are relegated to a side dish at home. Here, for the first time, Simon Hopkinson focuses entirely on cooking mouth-watering recipes without meat or fish. Using fresh good-quality produce and combining appropriate ingredients in season are key to Simon Hopkinson's cooking. Invitingly, throughout the book, ingredients that go together are paired together: aubergine & pimento; tomatoes & olives; pappardelle & porcini, peaches & plums, for example. Simplicity, practicality and sensitivity are the essence of Simon's cooking, and his recipes are a joy to make, but there is so much more to appreciate in this original book as the author's evocative writing brings his food to life on every page. Superbly photographed by Jason Lowe, The Vegetarian Option is not written exclusively for vegetarians, but as a fresh source of inspiration for all genuine food lovers.



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