



Live Your Life With Attitude

By Karen A Porter

Mama Porter. Paperback. Condition: New. 116 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. What would your life look like, how would it feel if you lived each day being fully who you truly are? You may say that you don't know your reason for being here, your true work. Instead say that you are in the process of knowing. Waking up to purpose is just the beginning. Clearing away what keeps you from fully living your purpose is the work. What does your life look like right now? Are fears keeping you stuck or making you feel less than you know you are? Attitude can help you break through fears, calm anxiety and empower you to be all you came here to be. Using the format of an illustrated journal, work or play book, Attitude collages, discarded vintage photos with edgy captions are paired with thoughts, ideas and questions to spur for your own thoughts and reactions. You can use each blank page as a personal journal. You could use the book for a notebook for to-do lists or messages. You can also deconstruct the book and use the photos for your own illustrated journals, or for individual notes or cards....

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