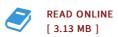


# 5: 2 Diet Recipes - Easy, Tasty, Calorie-counted Dishes to Make Your Fasting Days Delicious! (Paperback)

By James Drummond

Kyle Craig Publishing, United Kingdom, 2013. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Easy, Tasty, Calorie-counted Dishes to Make Your Fasting Days Delicious! Discover the revolutionary new eating plan that everyone is talking about! This breakthrough technique allows you to activate your skinny gene and enjoy consistent weight loss, increase your health and well-being and live a longer and healthier life! All in just 2 days a week! This great 5:2 Diet Recipe book is chock-full of simple, tasty low-calorie recipes to make your Fast days delicious! Choose from 100, 200 and 300 calorie snacks, breakfasts, lunches and dinners to keep you fuller, longer.





# Reviews

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## Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 211 x 101 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read Write Inc. Set 1 and 2 sounds....



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