



Vocational sports practice tutorial (Beijing and Tianjin) (Chinese Edition)

By BEN SHE

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: Unknown in Publisher: Harbin Engineering University Press. basic information Original Price: 28.00 yuan Author: Publisher: Harbin engineering University Press ISBN: 9.787.566.101.297 Yema: Revision: Binding: Folio: Published: 2011-8-1 printing Time: Words: product identification: 22738616 About this book based on the requirements of the University and College Physical Teaching Guidelines. the combination of Physical Education in Higher Vocational theory and practice of the College of Physical Education in recent years to write. Book chapters. including basketball. volleyball. aerobics. tae kwon do. tai chi. swimming. football. table tennis and Student Physical Health Standard. The book describes the theory and development of the common sports items. pay special attention to sports and culture. sports and leisure. and sports and fitness training. and strive to reflect the combination of physical education and health education. It sports materials as higher vocational books. the book can also be used as auxiliary physical exercise with the popularity of sports knowledge. Chapter of the the Introduction Chapter vocational Sports Overview purpose and mission of the functionality of the basic concepts of the first section of...



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