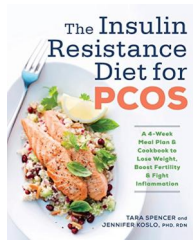


The Insulin Resistance Diet for Pcos: A 4-Week Meal Plan and Cookbook to Lose Weight, Boost Fertility, and Fight Inflammation



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