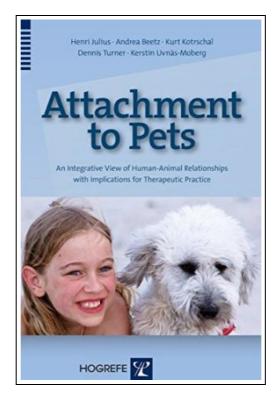
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Condition: New. Publisher/Verlag: Hogrefe Publishing | An Integrative View of Human-Animal Relationships with Implications for Therapeutic Practice | The biological and psychological basis of pet therapy / animal-assisted therapyand what this means for practice"A comprehensive, scientific foundation for human-animal therapy." (Judith Solomon)In recent years, the ancient symbiosis between humans and their pets has entered a new phase, marked by the burgeoning clinical specialty of human-animal therapy. This approach uses the relationship between humans and their (mainly) mammalian pets to support the growth of emotion regulation, social skills, andmental health in children, adolescents, and adults.But how are humans and animals able to develop close bonds at all? What makes it possible for animals to have a therapeutic effect on humans? And how can we best use this understanding in animal-assisted therapy? In this unique book, a team of expert biologists and psychologists integrate and combine sophisticated biological and psychological knowledge to answer these questions. Together they have created a comprehensive, scientific foundation for human-animal therapy, a foundation that will facilitate the development, implementation, and evaluation of effective new interventions. | Table of ContentsForeword by Judith SolomonForeword by Sir Patrick Bateson1 The Mysterious Relationship Between Humans and Animals2 Why Humans Are Willing and Able to Relate to Animals: The Perspective of Evolutionary BiologyThe Comparative Biologist ApproachHuman Biophilia and Interest in AnimalsThe Mechanistic Base of Human-Animal CompanionshipSociocognitive Matching by DomesticationWhich Companion Animal?3 Effects of Human-Animal Interaction on Health, Social Interaction, Mood, Autonomous Nervous System, and HormonesIntroductionPositive Health EffectsImprovement of Positive Social Attention from Others and Stimulation of Social BehaviorImproved LearningEmpathic SkillsReduction of Fear and Anxiety and Promotion of CalmnessIncreased Trust and TrustworthinessPositive Mood and Reduction of DepressionImproved Pain ManagementReduction of AggressionPhysiological EffectsConclusion4 Physiology of Relationships: The Integrative Function of OxytocinThe Fight or Flight Reaction and the Relaxation and Growth or the Calm and Connection...



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