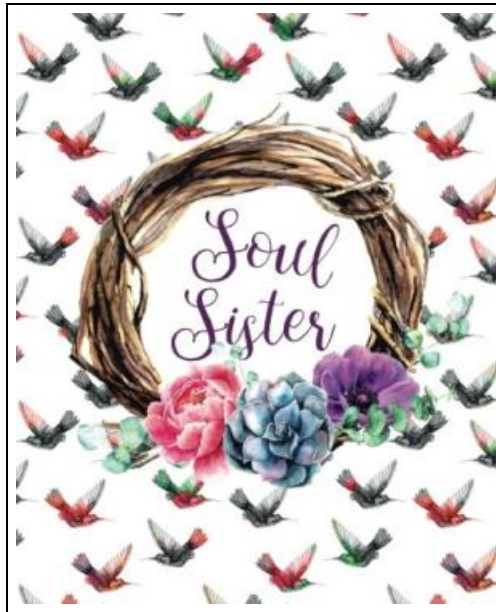


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SOUL SISTER: THE EMPOWERING SIDEKICK ON YOUR JOURNEY TO YOUR TRUE SELF AND YOUR TRIBE OF SOUL SISTERS (PAPERBACK)



Femme Futura Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This empowering planner, diary and meditative journal invites you in with a poem called Materpiece. You are art. You are your vague vision, your rough sketch, your brainstorm. You are your pencil, chisel, paint, and canvas, your pop and punk, your curses and crashes. You rise from the broken pieces in your trash like Aphrodite from the sea. You are the masterpiece. -Angie Weihs- You will find yourself inspired to creativity and playful discoveries on your adventure to own all that you are. Soon you will thrive with a confidence as powerful as your essence. Be your own guru: throughout the two-months planner you'll discover empowering quotes, poems, coloring pages for meditation, and empty pages for brainstorms and mind maps. It's an invitation to dream as much as to maintain structure, to discover and truly feel both your loving and your fierce sides, your passion and purpose and to attract your soul sisters by being authentically you. Your first treasure box is Choose your Magic, it's filled with inspiration for your mantras, affirmations, rituals, mindful actions, and action breaks. In Create your Playbook you'll take inventory of your desires, goals, and plans and decide on the mantras, affirmations, and morning rituals for your first month. We recommend activating all levels of you in the morning with a couple minutes of attention to body, mind, soul, and spirit. Month 1 focuses on your soul, month 2 focuses on your connection to your soul sisters. For each of your two months of powerful planning you have A monthly calendar which we suggest using to plan soul and soul sister related actions like meetings and workshops, or to plan your social media...

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